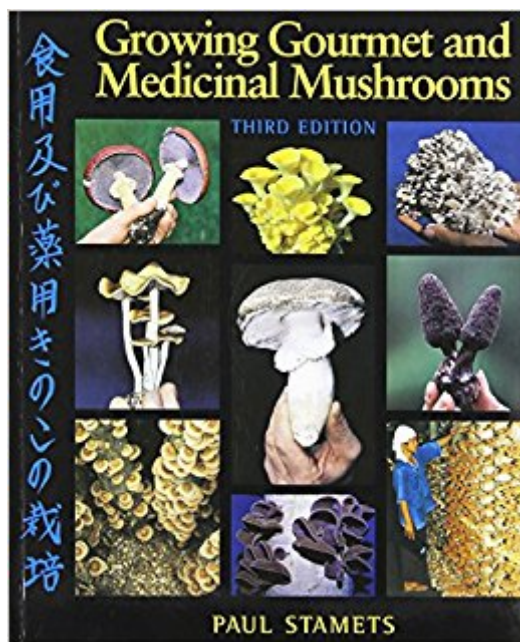


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# Growing Gourmet And Medicinal Mushrooms



## Synopsis

After years of living in awe of the mysterious fungi known as mushrooms-chefs, health enthusiasts, and home cooks alike can't get enough of these rich, delicate morsels. With updated production techniques for home and commercial cultivation, detailed growth parameters for 31 mushroom species, a trouble-shooting guide, and handy gardening tips, this revised and updated handbook will make your mycological landscapes the envy of the neighborhood.

## Book Information

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## Customer Reviews

PAUL STAMETS is the founder of Fungi Perfecti and codirector and founder of the Rainforest Mushroom Genome and Mycodiversity Preservation Project. He is the author of two seminal textbooks, *The Mushroom Cultivator* and *GROWING GOURMET AND MEDICINAL MUSHROOMS*, has been published in numerous journals, and is presenting more lectures on mycology than he can keep track of. An advisor and consultant to the Program for Integrative Medicine at the University of Arizona Medical School and the 1998 recipient of the Collective Heritage Institute's Bioneers Award, Stamets lives in Kamilche Point, Washington with his collection of more than 250 medicinal mushroom cultures.

lots of good info for beginner mycologists. this book is centered more towards someone looking to start a mycology farm and not someone doing it as a hobby. Still useful.

Inspiring and full of practical information. I haven't started growing mushrooms yet, but this book makes me feel that I can.

Combined with his other book, *The Mushroom Cultivator*, they do a good job of covering everything.

Everything you need to know about cultivating. From hobby to business. I recommend this to anyone interested in the the subject.

Nice, thick, full of photos, scholarly research and bibliography. I just wish some photos could have been printed in color. Author, Stamets, an expert, please publish the colors, we need them. Text information is spectacular. Better photos PLEASE!

The steps are for more ambitious mushroom growers who want to know the ins and outs of cultivation through hands on work (as opposed to buying some ready made mushroom growing kit and staring at it for 2 weeks). This is written more for the commercial grower (or soon-to-be) than the home grower, however as a home grower I really enjoyed the scientific and practical explanations of each variety and how to set up a growing system that best suits each type.

Absolutely love this book! Yes, it's pretty technical but that's right up my alley. It does seem there is a bit of information missing from some of the processes. I "fill in the blanks" with information from other books. *Fungi Perfecti*, owned by Stamets, has been really good about answering questions I have about any of the processes, big or small as well as troubleshooting issues I may have. Also, yes, the book is written mainly with the large cultivator in mind, but the principles are all the same...just scale down to the size you want.

i have not read the whole book because if i had i bet i would be a mushroom master by now. this is a great book by a guy that seems to be a mushroom master. has a lot of information in it on all walks of mushrooms, i think i would read more into this book and try the growing of mushrooms if i did not live in such a hot area, i mean if i can not find any mushrooms growing around naturally then it might be just that much harder for me to grow them insde, or maybe i just need to find the part and read aoubt it veary good book if your into mushrooms studdy i would say.

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